IQAC Webinar Series

Webinar 6: Human values based mentoring of students
For faculty members of University departments

12TH March 2021
MS TEAMS – “IQAC WEBINAR”

RESOURCE PERSON
Prof. Ranjani Parthasarathi
Professor-DIST, CEG Campus

Organized by
INTERNAL QUALITY ASSURANCE CELL
Ph: 22357027, email: iqac@annauniv.edu
URL: www.annauniv.edu/iqac

ANNA UNIVERSITY
CHENNAI – 600025.
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<th>Description</th>
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<td>Screenshot taken during the Webinar</td>
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Report on the webinar titled “Human values based mentoring of students” on 12.03.2021 from 3.30PM to 5.00PM, Organized by IQAC for all faculty members of Anna University.

The Internal Quality Assurance Cell organized Webinar titled “Human values based mentoring of students” on 12th March 2021 from 3.30PM to 5.00PM for the benefit of the faculty members of Anna University – University Departments. The invited speaker, Prof.Ranjani Parthasarathi, Professor-Department of Information Science and Technology, Anna University, Chennai, presented the webinar through online mode using MS TEAMS virtual platform. Around 75 faculty members from the four campuses (CEG, MIT, ACT and SAP) of Anna University attended the webinar.

Prof. Kurian Joseph, Director-IQAC welcomed the gathering and outlined the need for Human values based mentoring of students, from the perspective of quality improvement, ranking and accreditation. He thanked the speakers for readily accepting the invitation to present the webinar. Dr.G.Balamurugan, IQAC – MIT Campus coordinator and the coordinator for the Webinar introduced the speakers to the audience.

The speaker Prof. Ranjani Parthasarathy, made her presentation highlighting the following points:

- Mentor – Expectations and Benefits
- Universal Human Values
- Necessities for a Human Being
- Value of a human being
- Process of Understanding – Self-exploration, Self-investigation and Self-verification
- Harmony in the Human Being
- Harmony in Family
- Harmony in Society
- Harmony with Nature

Dr.G.Balamurugan, IQAC – MIT Campus Coordinator cum Webinar Coordinator thanked the speakers for the highly relevant and informative sessions. He also expressed thanks on behalf of the IQAC team to the audience for their attentive and active participation in the webinar.

A Q&A session was conducted from 4.45PM to 5.00PM and the participants clarified their queries from the speakers. The Webinar concluded at 5.00PM with the Director-IQAC thanking the speakers, IQAC team and the participants.
Screenshot taken during interaction session
Esteemed Professor,

Sub: IQAC – Conduct of Webinar Series on Quality related topics in March 2021 – Approval requested – Reg.

*****

As part of the quality sustenance and enhancement activities, IQAC conducted the Webinars in February 2021. It is proposed to conduct a series of 4 webinars, each of duration 1.5 hours, during March 2021, on various quality related topics for the benefit of all faculty members as per the following details:

<table>
<thead>
<tr>
<th>Sl. No</th>
<th>Date</th>
<th>Title of the Webinar</th>
<th>Resource Person</th>
<th>Coordinator(s)</th>
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<tr>
<td>01</td>
<td>04.03.2021</td>
<td>Innovation and Entrepreneurship Ecosystem: The way forward</td>
<td>Prof. R. Saravanan, Director – CED, Anna University. &amp; Dr. Sangeeta maini, Startup Analyst – CED, Anna University.</td>
<td>Dr. S. Meenakumari IQAC CEG Campus coordinator</td>
</tr>
<tr>
<td>02</td>
<td>11.03.2021</td>
<td>Human Values based mentoring of Students</td>
<td>Prof. Ranjani Parthasarathy, Professor - DIST, CEG Campus, Anna University.</td>
<td>Dr. M. Balamurugan, IQAC MIT Campus Coordinator</td>
</tr>
<tr>
<td>03</td>
<td>18.03.2021</td>
<td>Outcome Based Education – Best Practices</td>
<td>Prof. S. Baskar, Professor, Dean-R&amp;D, Thiagarajar College of Engineering, Madurai- 625015.</td>
<td>Prof. K.V. Radha IQAC ACT Campus coordinator</td>
</tr>
<tr>
<td>04</td>
<td>25.03.2021</td>
<td>Documentation requirements for Quality Assurance</td>
<td>Prof. T. Thyagarajan, Dean – MIT Campus, Former IQAC Director, Anna University.</td>
<td>Dr. Sabitha Ramakrishnan, Deputy Director - IQAC</td>
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It is proposed to make the following arrangements for conducting the above webinars:

Duration of the webinar : 15:30 Hrs to 17:00 Hrs (1.5 hours)

Webinar platform : MS Teams - “IQAC Webinar”

Target audience : All faculty members of University Depts

It is requested that approval may please be granted to conduct the webinars as per the above schedule and pay an honorarium of Rs.1500/- (Rupees One Thousand and Five Hundred only) per session for the Resource Person invited from other institution (Prof. S. Baskar, Professor, Dean-R&D, Thiagarajar College of Engineering, Madurai).
To
Deans of Campuses
Directors of Academic Centres
HODs of Departments

Sub: Webinar series titled "Human values based mentoring of students" on 12.03.2021 from 3.30PM-4.30PM for all faculty members of Anna University – Reg.

Ref: Lr.No.AU/IQAC/2020-21/2021/Webinars/March-001 dated 22.02.2021 approved by Vice Chancellor

As part of the quality sustenance and enhancement activities of IQAC, Webinar series - The following webinar is being organized by IQAC for the benefit of all the faculty members as per the following Details:

Title of Webinar : Human values based mentoring of students
Resource person : Prof.Ranjani Parthasarathy, Professor-DIST, CEG Campus
Date and Time : 12.03.2021 (Friday), 3:30PM – 4.30PM
Online platform : MS TEAMS - “IQAC Webinar”

All faculty members have been included in the MS Teams group “IQAC Webinar”. The faculty members are requested to join the webinar through this group, without fail and get benefitted from the lecture.

CC:
1. Prof.Ranjani Parthasarathy, Professor-DIST
2. Director-IQAC, IQAC-Coordinator of the programme
3. PA to Registrar.
4. PS to VC.
Title of Webinar: Human values based mentoring of students

Resource Person: Prof. Ranjani Parthasarathi, Professor-DIST, CEG Campus

Date of Webinar: 12th March 2021

Programme Schedule

<table>
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<tr>
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<td>3.15PM - 3.30PM</td>
<td>Registration</td>
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<tr>
<td>3.30PM - 3.32PM</td>
<td>Welcome Address&lt;br&gt;Dr. Kurian Joseph&lt;br&gt;IQAC Director, Anna University</td>
</tr>
<tr>
<td>3.32PM - 3.34PM</td>
<td>Introduction of Speaker&lt;br&gt;Dr. G. Balamurugan&lt;br&gt;IQAC MIT Campus Coordinator, Anna University</td>
</tr>
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</table>
| 3.34PM - 4.25PM  | Session by Speaker<br>Topic "Human values based mentoring of students"
                     <br>Prof. Ranjani Parthasarathi<br>Department of Information Science and Technology,
                     CEG Campus, Anna University |
| 4.25PM - 4.29PM  | Question and Answer Session                                             |
| 4.29PM - 4.30PM  | Vote of Thanks<br>Dr. G. Balamurugan<br>IQAC MIT Campus Coordinator, Anna University |
PROFILE OF RESOURCE PERSON

NAME OF THE RESOURCE PERSON: Prof. Ranjani Parthasarathi,

DESIGNATION: Professor-DIST, CEG Campus, Anna University

QUALIFICATION: Ph.D.

EXPERIENCE

<table>
<thead>
<tr>
<th>Year</th>
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<tr>
<td>May-2019</td>
<td>Chairman, Faculty of Information and Communication Engineering, Anna University, Chennai</td>
</tr>
<tr>
<td>To Present</td>
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</tr>
<tr>
<td>Aug-2004</td>
<td>Professor, Department of Information Science and Technology, College of Engineering Guindy, Anna University, Chennai</td>
</tr>
<tr>
<td>To Present</td>
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</tr>
<tr>
<td>Jan-1998</td>
<td>Assistant Professor, Department of Computer Science and Engineering, College of Engineering Guindy, Anna University, Chennai</td>
</tr>
<tr>
<td>To Aug-2004</td>
<td></td>
</tr>
<tr>
<td>Nov-1995</td>
<td>Lecturer, Department of Computer Science and Engineering, College of Engineering Guindy, Anna University, Chennai</td>
</tr>
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<td>to Jan-1998</td>
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HONORS AND AWARDS

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<th>Year</th>
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<tr>
<td>2020</td>
<td>Eminent Engineer Award from Institution of Engineers</td>
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<tr>
<td>2013</td>
<td>IBM faculty award</td>
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TOPIC HANDLED IN WEBINAR: Human values based mentoring of students

DATE AND TIME OF SESSION: 12th March 2021, 03.30PM to 04.30PM
Subject: Invitation as Resource Persons for IQAC Webinar on 12-03-2021, 03.30PM-Reg.

From: <iqac@annauniv.edu>
To: Ranjani Parthasarathi <rp@auist.net>
Cc: IQAC 3 (Director) <kuttiani@gmail.com>, IQAC 4 (DD 2) <sabitharamakrishnan@gmail.com>, IQAC MIT <balanmail12@gmail.com>
Date: 2021/03/09 11:12

Kind attention:

Prof. Ranjani Parthasarathy,
Department of Information Science and Technology,
CEG Campus,
Anna University, Chennai- 600 025.

Dear professor,

The Internal Quality Assurance Cell (IQAC) of Anna University conducts various activities to enhance the quality of teaching and learning of faculty members in our campus. As a part of quality sustenance and enhancement activities, IQAC is conducting a webinar on 12.03.2021 (Friday) with focus on "Human values based mentoring of students".

In this context, may I cordially invite you to be the Resource Persons for the Webinar session and deliver a talk on the title “Human values based mentoring of students” on 12th March 2021 through online mode (MS Teams platform) for a duration of 60 minutes (3:30PM to 4:30PM). The participants of Anna University faculty members will benefit a lot from your lecture.

The session will be organized online in MS Teams Platform under the Team "IQAC Webinar" in which you are already included as a member.

We are looking for a positive response and gracious presence.

--
Thanks and Regards
Prof. Dr. Kurian Joseph
Director-IQAC
Anna University, Chennai,
Tamil Nadu-600025.
<table>
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<th>Designation</th>
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<td>Prof. Ranjani Parthasarathi (Guest)</td>
<td>Professor-DIST, CEG Campus</td>
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<td>2</td>
<td>Prof. KURIAN JOSEPH</td>
<td>Director-IQAC</td>
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<td>3</td>
<td>Dr. G. Balamurugan</td>
<td>IQAC MIT Campus Coordinator</td>
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<td>4</td>
<td>Dr. K.V. RADHA</td>
<td>IQAC ACT Campus Coordinator</td>
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<td>Rajeswari R</td>
<td>IQAC SAP Campus Coordinator</td>
<td>3/12/2021, 3:32:03 PM</td>
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<td>6</td>
<td>Prof. R.SARAVANAN</td>
<td>Faculty of Anna University</td>
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<td>7</td>
<td>Prof. SUBRAHMANIAN</td>
<td>Faculty of Anna University</td>
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<td>Dr D Sridharan</td>
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<td>Dr M Meenakshi</td>
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<td>11</td>
<td>Dr. BALAMURUGAN R</td>
<td>Faculty of Anna University</td>
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<td>12</td>
<td>Dr. Bama Srinivasan</td>
<td>Faculty of Anna University</td>
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<td>13</td>
<td>Dr. BASKARAN</td>
<td>Faculty of Anna University</td>
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<td>14</td>
<td>Dr. C.BALAMURUGAN</td>
<td>Faculty of Anna University</td>
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<td>15</td>
<td>Dr. C.Sharimeela</td>
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<td>16</td>
<td>Dr. Dhananjay Kumar</td>
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<td>17</td>
<td>Dr. G. KALPANA</td>
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<td>Dr. G. VELRAJ</td>
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<td>Dr. K.V. VIJAYASHREE</td>
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<td>21</td>
<td>Dr. KOLA SUJATHA. P</td>
<td>Faculty of Anna University</td>
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<td>22</td>
<td>Dr. KRISHNAKUMAR S</td>
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<td>Dr. Ramachandran Palpandi Raja</td>
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<td>Dr. S.Abirami</td>
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<td>Dr. S.Lakshmi</td>
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<td>Dr. S.MANISHA VIDYAVATHY</td>
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<td>Dr. S.Poonguzhali</td>
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<td>DR. SASHWATI MUKHERJEE</td>
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<td>Dr. V. SIVAKUMAR</td>
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**Attendance on IQAC Webinar**

**“Human values based mentoring of students”**

Total Number of Participants: 75  
Date: 12.03.2021
# Attendance on IQAC Webinar

**“Human values based mentoring of students”**

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<td>Dr.R.Pradeep Kumar</td>
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<td>dsangeetha</td>
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<td>Eztharasi Sakthivel</td>
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<td>K.A.Vidhya</td>
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<td>K.Balraj</td>
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<td>K.G.Maheswaran</td>
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<td>Kalaiachelvan K</td>
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<td>M.Rama Ezhil Chandran</td>
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<td>Madhivadhani K</td>
<td>Faculty of Anna University</td>
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<td>Mouli Prasanth B</td>
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<td>63</td>
<td>Mrs. M.Navamuniyammal</td>
<td>Faculty of Anna University</td>
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<td>Faculty of Anna University</td>
<td>3/12/2021, 3:46:45 PM</td>
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</table>

Total Number of Participants: 75

Date: 12.03.2021
Webinar Handouts
Presentation by Prof. Ranjani Parthasarathy, DIST-CEG

Human Values based Mentoring of Students

Ranjani Parthasarathi
Professor, Dept. of IST
Anna University, CEG Campus

IQAC Webinar – 12 March 2021

Mentor - Expectations

• “Wise and trusted counsellor” – Homer in Odysseus
• In academics: Faculty advisor ⇔ Mentor !!
• But, mentoring is more than advising!
  • Mentoring is a personal, as well as, professional relationship
  • Mentoring evolves with the needs/growth of the student
  • Need to vary the degree and type of attention, help, advice, information, and encouragement that is provided
  • A mentor is someone who takes a special interest in helping another person develop into a “successful professional” and a “humane being”!
  • Mentors are advisors, supporters, tutors, sponsors & “Models” of identity

Reference: ADVISER, TEACHER, ROLE MODEL, FRIEND ON BEING A MENTOR TO STUDENTS IN SCIENCE AND ENGINEERING, NATIONAL ACADEMY OF SCIENCES, NATIONAL ACADEMY OF ENGINEERING, INSTITUTE OF MEDICINE, NATIONAL ACADEMY PRESS, Washington, D.C., 1997
Mentor – Expectations (2)

- A mentoring relationship is characterized by mutual respect, trust, understanding, and empathy.
- Good mentors share life experiences and wisdom, as well as technical expertise.
- Mentors are *good listeners, good observers, and good problem-solvers.*
- Make an effort to know, accept, and respect the goals and interests of a student.

Question

Are we equipped to meet these expectations?
Mentor - Benefits

- Fulfills natural human desire – to share knowledge and experience
- Satisfaction/Joy – in having a student succeed and become a friend/colleague
- Networking
- Stay up-to-date in your field
- Extend your contribution/impact – results of good mentoring live after you!

Question

Where do we go to equip ourselves for this?

Explore!
Self-exploration!
Universal Human Values

Presenting a universal approach to value education

Whatever is said is a Proposal (Do not accept it to be true)

Explore it within yourself on the basis of your Natural Acceptance
Check within Yourself!

What do we all want?

We can examine this within ourselves

1. Do we want to be happy?

2. Do we want to be prosperous?

3. Do we want the continuity of happiness and prosperity?

Check within Yourself!

• Are we happy?

• Are we prosperous?

• Is there continuity of our happiness and prosperity?

• Is our effort:
  ▪ For continuity of happiness and prosperity?
  ▪ Just for accumulation of physical facility (மின்னூல் / வச்சுத் தலை)?

• Have you assumed that happiness and prosperity will automatically come when you have enough physical facility (மின்னூல் / வச்சுத் தலை)?
• Is Human Relationship (மனித தொடர்பு) Important?

Other than physical facility what else does a human being think about?

On close examination, the list of thoughts can be classified into two categories:
1. Feelings in relationship with other human beings
2. Right understanding in the self, or knowledge

Human beings think about ensuring these!
Necessities for a Human Being

- **PHYSICAL FACILITY**
  - with rest of nature

- **RIGHT UNDERSTANDING**
  - in the self

- **RELATIONSHIP**
  - with human beings

Now if all three, right understanding, relationship and physical facility, are necessary, what would be the priority between them?

Examine within yourself, what is the priority of these for you?
RELATIONSHIP with human beings

RIGHT UNDERSTANDING in the self

PHYSICAL FACILITY with rest of nature

For animals: necessary & complete
For human beings: necessary but not complete

MUTUAL HAPPINESS MUTUAL PROSPERITY

Priority: Right Understanding, Relationship & Physical Facility

UNHAPPINESS DEPRIVATION

For human beings: necessary but not complete
For animals: necessary & complete

Priority: Physical Facility
MUTUAL HAPPINESS  MUTUAL PROSPERITY

Program: Right Understanding, Relationship & Physical Facility

1. **RIGHT UNDERSTANDING**
   in the self

2. **RELATIONSHIP**
   with human beings

3. **PHYSICAL FACILITY**
   with rest of nature

For animals: necessary & complete
For human beings: necessary but not complete

Prosperity

- **Prosperity** – The feeling of having more than required Physical Facility

- Assessment of necessary physical facility with their required quantity – with right understanding

- Ensuring availability/ production of more than required physical facility ?

- A prosperous person thinks of **nurturing** the other

- A deprived person thinks of **exploiting** the other
Transformation = Development

1. RIGHT UNDERSTANDING in the self
2. RELATIONSHIP with human beings
3. PHYSICAL FACILITY with rest of nature

MUTUAL HAPPINESS MUTUAL PROSPERITY

Education-Sanskar

The role of education is to facilitate the development of the competence to live with Definite Human Conduct by enabling this transformation, by ensuring all 3 (Right Understanding, Relationship and Physical Facility) – in every Human Being

Education – Developing Right Understanding

Sanskar – Commitment/ Preparation/ Practice for Right Living. Preparation includes Learning Right Skills & Technology
Value of a human being

Happiness = To Be in Harmony

Expanse of our Being:
1. In the Self, as an Individual
2. In Family
3. In Society
4. In Nature/Existence

Do you live with this expanse?

You do live with this expanse, whether you are aware of it or not
- The air you breathe comes from Nature – You live in Nature/Existence
- You live in Society
- You live in Family
- You live with your Self…

Continuous Happiness

Happiness = To Be in Harmony

Expanse of our Being:
1. In the Self, as an Individual
2. In Family
3. In Society
4. In Nature/Existence

Continuous Happiness = Harmony at all levels of our Being. i.e.
1. Harmony in the Self
2. Harmony in the Family
3. Harmony in the Society
Process of Understanding – Self-exploration, Self-investigation

It is a process of Dialog… It starts with a dialog between you and me. It soon becomes a dialog within your own Self…

What I am       What I really want to be (Natural Acceptance)

Sometimes relationship Relationship
Sometimes opposition
Harmony        Happiness
Contradiction → Unhappiness

Happiness = To be in a state of Harmony
Unhappiness = To be forced to be in a state of Contradiction

Process of Self-verification

Whatever is said is a Proposal
Do not accept it just because it is – written in some book
– a reading from some instrument
– stated by some person

Verify on the basis Of your Natural Acceptance

Proposal

Experiential Validation
Live according to it

Behaviour with Human Beings
Work with the rest of Nature

Mutual Happiness
Mutual Prosperity

Realization
Understanding
Harmony in the Human Being

Coexistence of Self (I) & Body

<table>
<thead>
<tr>
<th>Human Being</th>
<th>Self (I)</th>
<th>Body</th>
</tr>
</thead>
<tbody>
<tr>
<td>Need</td>
<td>Happiness (Eg. Respect)</td>
<td>Physical Facility (Eg. Food)</td>
</tr>
<tr>
<td>In Time</td>
<td>Continuous</td>
<td>Temporary</td>
</tr>
<tr>
<td>Quantity/Quality</td>
<td>Qualitative சுருக்கு</td>
<td>Quantitative (Limited in Qty) சலைசுருக்கு</td>
</tr>
</tbody>
</table>

These needs are of different types.

Are both types of needs important or not ? / Do we want fulfillment of both types of needs?

What is the priority between the needs of the Self (I) & the needs of the Body?
### Human Being

<table>
<thead>
<tr>
<th>Need</th>
<th>Self (I)</th>
<th>Body</th>
</tr>
</thead>
<tbody>
<tr>
<td>Happiness</td>
<td>Physical Facility (Eg. Food)</td>
<td></td>
</tr>
<tr>
<td>In Time</td>
<td>Continuous</td>
<td>Temporary</td>
</tr>
<tr>
<td>In Quantity</td>
<td>Qualitative</td>
<td>Quantitative (Limited in Qty)</td>
</tr>
<tr>
<td>Fulfilled by</td>
<td>Right Understanding &amp; Right Feelings</td>
<td>Physio-Chemical Things</td>
</tr>
<tr>
<td>Activities</td>
<td>Desire, Thought, Expectation</td>
<td>Eating, Walking</td>
</tr>
<tr>
<td></td>
<td>Continuous</td>
<td>Temporary (Time to Time)</td>
</tr>
<tr>
<td></td>
<td>Knowing, Assuming, Recognizing, Fulfilling</td>
<td>Recognizing, Fulfilling</td>
</tr>
</tbody>
</table>

### Desire – Need of I or Body

**Clarify underlying purpose**

**Eg. House**
- To show others – need of I
- To provide protection – need of Body

Some needs will be for both I and for Body – you can reflect on what is the primary need

**Q:** What is the % of needs of I vs needs of Body?  
**Q:** % Effort for Physical Facility? PF can only fulfill needs of the Body  
**Q:** Can evaluate the program to fulfill needs of I
Desire - Preconditioning, Sensation and Natural Acceptance

Your desire can be based on Preconditioning, Sensation (அழைக்கல்) or Natural Acceptance (இயற்பானது தம்சை).

For notions, reflect on the underlying assumption
Eg. Nice house
- Nice = comparatively better than other houses – preconditioning
- Nice = luxurious – sensation
- Nice = provides protection – natural acceptance

Right Understanding, Relationship, Physical facility or more?

Find out if your needs can be fulfilled by Right Understanding, Relationship or Physical Facilities, or anything more is needed

Eg:
What I am, relationship, respect… Right Understanding
Ensuring right feelings… RU + Feeling in Relationship
Food… RU + Physical Facility
Harmony with the Body

**Self (I)**
- Consciousness
- Continuous
- Knowing, Assuming, Recognizing, Fulfilling
- Control
  - Feeling of responsibility for
  - Nurturing, Protecting and Right
  - Utilization of the Body

**Body**
- Material
- Temporary
- Recognizing, Fulfilling
  - Health
  1. Body acts according to I
  2. Parts of the body are in harmony (in order)

Harmony in Family

Understanding Relationship – Trust
Harmony in the Family

1. Relationship is – between the self (I) and the other self (I)
2. There are feelings, or expectation of feelings, in relationship – of one self (I) for the other self (I)
3. These feelings can be recognized – they are definite (9 Feelings)
4. Their fulfilment and evaluation leads to mutual happiness

Feelings in relationship:

1- Trust  6- Reverence
2- Respect  7- Glory
3- Affection  8- Gratitude
4- Care  9- Love
5- Guidance

Are these feelings Naturally Acceptable to You?
When you live with these feelings, does it lead to your happiness?
When you express these feelings to the other, does it lead to the happiness of the other?

Evaluation:
1. Are these feelings in me?
2. Are these feelings reaching to the other?
I evaluate this from time to time

Will you ensure these feelings in yourself or expect them from the other? Ensuring these feelings in yourself is independence; expecting them from the other is dependence.
**Trust**

Trust = to be assured
= to be assured that the other intends my happiness & prosperity

<table>
<thead>
<tr>
<th>Verify on the basis of your natural acceptance</th>
<th>Verify on the basis of your competence</th>
</tr>
</thead>
<tbody>
<tr>
<td>1a. I want to make myself happy</td>
<td>1b. I am able to make myself always happy</td>
</tr>
<tr>
<td>2a. I want to make the other happy</td>
<td>2b. I am able to make the others always happy</td>
</tr>
<tr>
<td>3a. The other wants to make herself/himself happy</td>
<td>3b. The other is able to make herself/himself always happy</td>
</tr>
<tr>
<td>4a. The other wants to make me happy</td>
<td>4b. The other is able to make me always happy</td>
</tr>
</tbody>
</table>

Intention (இந்து) – Natural Acceptance
What I really want to be

Competence (செயல்) – What I am
About the Other

- The other broke a glass
- The other did not come on time
- The other makes mistakes intentionally
- The other is bad

About Myself

- The glass broke by accident
- I tried really hard to reach on time
- I make mistakes by accident
- I am good

I evaluate my self on my intention (2a)
I evaluate the other on his competence (4b)
(i.e. I conclude about his intention on the basis of his competence)

Irritation, anger, condemning the other are indications of doubt on intention

Trust

Trust on Intention
= to be assured that the other intends my happiness & prosperity

When there is Trust on Intention, you feel related to the other

Absence of Trust on Intention
= lack of assurance that the other intends my happiness & prosperity

Lack of Trust on Intention leads to Doubt, Fear, Opposition…

4a. The other wants to make me happy

Natural Acceptance, ie Intention
What we really want to be

4b. The other is able to make me always happy

Competence
What we are
If we do not have trust on intention, we have a feeling of opposing the other

In case the other is lacking in competence, we react & show irritation or anger; even break up the relationship

(Small acts of mistrust stay in the thoughts, multiply, grow; doubt, fear, oppression…; opposition ultimately leads to fighting, struggle and war)

If we have trust on intention, we feel related to the other

In case the other is lacking in competence, we facilitate the other to improve his/her competence, affectionately (without being irritated or angry)

We make a program with the other based on right evaluation of each others competence

This is living with responsibility

---

Check for yourself

How many persons do you have trust on intention?

– continuous, unconditional (never having a feeling of opposition, getting irritated or angry)

– in case the other is lacking in competence, you have a feeling of responsibility to improve his competence?

Is increase in this number progress or decrease in this number progress?
Harmony in Family

Understanding Relationship – Respect

Respect

Respect = Right Evaluation
Respect: Right Evaluation – on the basis of the Self (I)

1. Our purpose is the same, our natural acceptance is the same – Just as I want to be continuously happy, so does the other.

2. Our program is the same – Just as I can live happily by understanding and living in harmony at all levels, so it is for the other.

3. Our potential is the same – Desire, Thought & Selection is continuous in me and also in the other. Just as I can understand, so can the other.

The minimum content of respect is – to be able to see and accept that.

The Other is Similar to Me!

Over evaluation – to evaluate for more than what it is

Under evaluation – to evaluate for less than what it is

Otherwise evaluation – to evaluate for other than what it is

Disrespect

Whenever the evaluation is not right, it is disrespect.

Check for yourself in every interaction with others whether it is respect or disrespect.

If we observe, we find in our day to day relationship, we tend to do one of the above three, which is disrespect.
Differentiation (Disrespect)

Evaluation on the basis of Body, Physical Facilities or Beliefs (preconditioning) turns out to be differentiation and therefore disrespect.

Differentiation like this has led to resentments and protests. Eg Women's Lib, Generation Gap, Black vs White, Powerful vs Opressed, Rich-Poor, Communism-Capitalism, Hindu-Muslim and so on.

Differentiation

I evaluate on the basis of body, physical facilities or belief (preconditioning)

The other is different from me

We are competitors. I make efforts to accentuate the difference, to manipulate, exploit the other

Respect

I evaluate on the basis of Self (I)

1. We have the same purpose
2. We have the same program
3. We have the same potential (difference only in competence)

The other is like me

We are complementary

- If I have more understanding than the other, I live with responsibility with the other & then facilitate the other
- If the other has more understanding than me, I become ready to understand from the other

This is living with responsibility.
The feeling of being related

Affection – The feeling of acceptance of the other as one’s relative (feeling of being related to the other)

Verify on the basis of your natural acceptance if you want to be related to:

None
One
Many
Everyone

None → The feeling of being related to none – in opposition to all
One → The feeling of being related to one
Many → The feeling of being related to many
Everyone → The feeling of being related to all

Affection
Love
<table>
<thead>
<tr>
<th>Care</th>
<th>Guidance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feeling of responsibility &amp; commitment toward nurturing and protecting the body of the other (Needs of Body)</td>
<td>Feeling of responsibility &amp; commitment toward ensuring Right Understanding and Right Feelings in the other (Needs of I)</td>
</tr>
</tbody>
</table>

**Reverence**

The feeling of acceptance for Excellence
Excellence
Understanding of the Harmony & Living in that Harmony

Excellence and competition are not similar.
In excellence, one helps to bring the other to his level
In competition, he hinders the other from reaching to his level

Excellence
The other is like me
Natural Acceptance
Absolute & definite
Has understood relationship
Effort to live with responsibility
Helps the other to come to his/her level

Special
Not other – me
I am different from the other
Preconditioning that changes
Relative (with no definite state, no point of completion)
Other influences him on the basis of preconditioning
Effort to accentuate the difference, to dominate, manipulate, exploit other
Stops the other from coming to his/her level
<table>
<thead>
<tr>
<th>Excellence</th>
<th>Special</th>
</tr>
</thead>
<tbody>
<tr>
<td>Works for human purpose</td>
<td>Works for reward or due to fear, goal is secondary</td>
</tr>
<tr>
<td>Rightly Utilises, Shares (is prosperous)</td>
<td>Hoards, Accumulates (is deprived)</td>
</tr>
</tbody>
</table>

**Glory**

Feeling for those who have worked for excellence

Unconditional acceptance for following the example of the other
Gratitude

Feeling for those who have worked for my excellence

Harmony in Family – From Family to World Family (Undivided Society)

• Justice is ensuring right understanding in the self leading to right feelings and its expression in relationship resulting in mutual happiness.
• We have Natural Acceptance for Justice for All – from Family to World Family
• Natural acceptance for Justice is already within you
• Right understanding makes you aware
• Once you are aware of it, there is continuity of these feelings and you are able to fulfil them
• Having right feelings in oneself leads to one’s happiness
• Expressing these feelings to the other leads to happiness in the other
## Harmony in Society

### Harmony in the Society

#### Human Target

<table>
<thead>
<tr>
<th>Right Understanding &amp; Right Feelings</th>
<th>Prosperity</th>
<th>Fearlessness (Trust)</th>
<th>Co-Existence</th>
</tr>
</thead>
<tbody>
<tr>
<td>In Every Individual</td>
<td>In Every Family</td>
<td>In Society</td>
<td>In Nature/Existence</td>
</tr>
</tbody>
</table>

#### Gross Misunderstanding

<table>
<thead>
<tr>
<th>Assumptions (eg. Money is everything)</th>
<th>Accumulation of Physical Facility</th>
<th>Domination &amp; Exploitation</th>
<th>Mastery &amp; Exploitation</th>
</tr>
</thead>
<tbody>
<tr>
<td>In Every Individual</td>
<td>In few Individuals</td>
<td>In Society</td>
<td>Over Nature</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Copious Consumption Profit Sensual Pleasure</th>
<th>Terrorism War</th>
<th>Resource Depletion Pollution</th>
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<tbody>
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<td>X</td>
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</table>
Harmony in the Society

Human Target

- Right Understanding & Right Feelings
- Prosperity
- Fearlessness (Trust)
- Co-Existence

In Every Individual → In Every Family → In Society → In Nature/Existence

1 → 2 → 3 → 4

Human Order

Five Dimensions

1. Education – Sanskar
2. Health – Sanyam
3. Production – Work
4. Justice – Protection
5. Exchange – Storage

Harmony with Nature
We want to understand the underlying design of Nature

Specifically if:
- Struggle is inherent in Nature or
- Struggle is not inherent in Nature and there is a provision for mutual fulfillment

Relationship of Mutual Fulfillment

Mutual Fulfillment = Relatedness + Fulfillment
Resource Depletion & Pollution

Resource Depletion – The resource is used at a rate which is faster than the rate at which it is produced in Nature.

Pollution – The product is such that
1. It does not return to the cycle in Nature or
2. It is produced at a rate that is faster than the rate at which it can return to the cycle in Nature.

Harmony with nature

1. Material order – soil, metals etc.
2. Plant order – trees, plants etc.
3. Animal order – animals, birds etc.
4. Human order – human beings

Nature = Collection of Units = 4 Orders

There is a relationship of mutual fulfillment amongst these 4 orders. So far, the first 3 orders are mutually fulfilling for each other as well as for human beings.

It is naturally acceptable to human beings to be fulfilling for these 3 orders. Human beings need to understand this mutual fulfillment; only with this understanding will human beings be able to live with mutual fulfillment.

The role of Human Being is to realize this mutual fulfillment – For this, all that human beings need to do is:
1. To understand that mutual fulfillment is inherent in nature – we do not have to create it
2. To live accordingly – then the mutual fulfillment amongst the 4 orders will be realised (and there is provision in nature for living in a mutually fulfilling manner).
Summary of UHV

Work towards Harmony at all 4 levels:
Individual
Family
Society
Nature

Ensure Continuity of Mutual happiness and mutual prosperity through a Process of self-verification!
This is the goal of value education!!

UHV based Mentoring

- Help advance the educational and “personal” growth of student/mentee
- Different students will require different amounts and kinds of attention, advice, information, and encouragement
  - Feel related – Be approachable and available
  - Evaluate – Do not judge – Students should not feel intimidated
  - Identify intention vs competence
  - Build trust
  - Be proactive with students who are timid / But do not thrust your opinion / Be aware (Beware) of your biases
  - Encourage cooperation/excellence – not competition
A small story

Thank You

Screenshot taken during the webinar

Registration on webinar

Welcome address by Dr. Kurian Joseph, Director-IQAC
Introduce the speaker by Dr. G. Balamurugan, IQAC Coordinator

Presentation by Prof. Ranjani Parthasarathi

Human Values based Mentoring of Students

Ranjani Parthasarathi
Professor, Dept. of IST
Anna University, CEG Campus

IQAC Webinar – 12 March 2021
Vote of thanks by Dr.G.Balamurugan, IQAC – MIT Campus coordinator